



Students identified as being “at risk” by educators, parents, or doctors are provided with an opportunity for a private, one-time session on the Renaissance Campus with their parent(s), a counselor, and young people in recovery. Parents are provided with educational materials, and referrals to treatment services are made as necessary.

### What happens at an Early Intervention?

- Students are referred to the program by educators, parents, or doctors
- Referred families should contact the program for an appointment (attendance by at least one parent/guardian is required, evening appointments are available by request)
- The following takes place at an Early Intervention:
  - Student/parent(s)/counselor discuss the sequence of events that led to the referral and answer questions regarding the student’s use of drugs/alcohol
  - Student and parent(s) have private sessions with the counselor and with young people in recovery
  - Everyone comes back together for wrap up/possible referral/plan for the future
- Session lasts between 1-1.5 hours
- Sessions employ brief change focused cognitive behavioral strategies and serve as informal substance use assessments.
- Family leaves with a behavioral plan to encourage the most change possible for the child.
- Components of *Teen Intervene*, an evidence based program, are utilized throughout the session.
- CRAFFT, an assessment tool specific to adolescents is used.

### What is expected of me if I attend an Early Intervention?

- Have a **positive attitude** and an **open mind**
- Be honest and upfront with the counselor and peers
- Follow through with any recommendations that are made by the counselor
- Complete a follow up evaluation via phone 2 months after you attend the program

**For more information, or to make an appointment please contact:**

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